

## Keeping your Clinical Practice Contemporary

Wednesday 28<sup>th</sup> July 2021

### Free Online Presentation

1:00 – 2:30pm (Aust Eastern Standard Time)

Melbourne/Sydney/Brisbane – 1:30 – 2:30pm (Aust EST)

Adelaide – 12:30 – 2:00pm (Aust CST) - Perth – 11:00 – 12:30pm (Aust WST)

Professional development refers to the work-related learning and development that occurs throughout your career, it incorporates all learning experiences, including those conscious and planned activities which are intended to be of direct benefit to the individual, service and/or organisation. Professional development activities which support the acquisition and development of critical knowledge and skills, is one of the key mechanisms by which high standards of professional practice and the relevance and currency of qualifications and experience are maintained.

As adults, genuine learning happens when you utilise the best available evidence when you need it, how you need it and where you need it. Effective learning that results in improved clinical competence and confidence is multi-factorial with research supporting

- achievement of identified professional development goals through a range of meaningful learning experiences that are flexible, often collaborative, and contextually relevant
- active reflection and meaningful interpretation of clinical encounters and insights being the building blocks of 'learning from experience'
- Utilising a range of individualised support networks (ie circles of enquiry, supervision, critical friendships, journal clubs) to assist/challenge critical thinking and incorporate learning into clinical practice change

This introductory presentation will highlight some key principles and opportunities for healthcare professionals at all stages of their career. It will support clinicians to develop a professional development strategy to assist them to actively plan, consolidate and transfer their skills and knowledge (as required) across different work environments, caseloads and clients

**Workshop Objectives** – the workshop will provide workshop participants with:

- A review of the key principles underlying adult learning models;
- A framework for reflective learning
- Strategies to support clinicians implement planned, sustainable practices to keep their clinical skills relevant.

### Workshop Delivery

This online presentation is suitable for allied health professionals. Participants will need to have access to internet facilities and webcam to ensure that they are able to download and view workshop content, as well as actively participate in the on line presentation. Unfortunately due to copyright, privacy and confidentiality concerns the ability to record this presentation is NOT an option.

### About the Presenter



**Dr Sharon Mickan** - Professor of Healthcare Innovations - Bond University

Professor Sharon Mickan has created a rich career including clinical (occupational therapy), managerial (allied health) and academic (evidence-based practice, healthcare innovations) positions in Australian and international contexts. Professional development and lifelong learning have been core to her journey. She is currently focussing on facilitating mid-career professionals who are ready to be health leaders to navigate the research evidence, critically evaluate health systems and practices and implement clinical improvements. Her research interests are focussed on translating research evidence, implementing organisational improvement and building clinicians' research capacity and engagement.

**Registrations** for this workshop are now open. This workshop is provided **FREE of charge** when two participants co-register and one participant is **NEW to Zi Mei**. Please register on line at [www.zimei.com.au](http://www.zimei.com.au)