

Conquering a "Code Brown"

Behavioural management for Faecal Smearing in children

Expressions of Interest Sought

Online - 3 hours – Term 2, 2021

Faecal smearing ("Code Brown"), also called scatolia in medical literature, is common in children with significant developmental delays (eg Autism, ADHD, intellectual disability), trauma (eg abuse, PTSD) or mental health concerns (eg anxiety, OCD). It also occurs in normally developing ("neurotypical") children. For parents who have children who engage in scatolia, it is stressful, exhausting, socially isolating and downright gross.

The reason for a child or young person smearing their faeces can be either medically related, sensory related, behavioural or a combination of these. Often there are multiple causes and multiple approaches are needed to discourage the behaviour. Understanding the causes and treatments is the first step to customising a plan to resolve the issue. With successful management requiring realistic family support, advocacy and interaction with all carers involved.

Workshop Objectives – this module will provide participants with:

- An understanding of the medical, sensory and behavioural presentations/reasons for smearing
- approaches and intervention strategies that can be used to discourage the behaviour
- ways to supporting families, while customising a plan to resolve the issues.

Although this workshop is a stand-alone module, participants would benefit from having attended a *Learning to Conquer the Wees & Poos* (Basics and Beyond) workshop prior to registering for this workshop.

Workshop Delivery

Participants will be expected to complete the workshop requirements via an integrated system of pre-reading material, online content and participation in scheduled group presentation/tutorial session. Participants will be responsible for having access to the Internet for some or all of the workshop content.

This workshop is suitable for occupational therapists, physiotherapists, psychologists, continence advisors, child health nurses and school health nurses. Participants will need to have access to internet facilities including Zoom and webcam to ensure that they are able to download and view workshop content, as well as actively participate in the on line group tutorial.

About the Presenter

Rebecca Khan authored the clinical resource *Conquering Wees & Poos: a learning package for continence clinicians* (©Queensland Health 2012) through the Royal Children's Hospital, Brisbane. She presently runs Kids That Go, a private Occupational Therapy service in Brisbane and has been assessing, treating and researching best practice for paediatric incontinence since 2002. Rebecca has presented on the topic of Paediatric Continence for various organisations including the Continence Foundation of Australia, Queensland Health, Zi-Mei Events and OT Australia-Qld.

Expressions of Interest for this workshop are now being sought. Please contact Zi Mei Events on info@zimei.com.au or (07) 3358 3689 to register your interest.