

What to do with the Wees & Poos:

Behavioural Management for Encopresis and Nocturnal Enuresis in Children

Expression of Interest Sought Semester 2, 2010 - Townsville

Most children gain full control over their bladder and bowel functions between the ages of 2 and 5 years. However, toileting can be both stressful and embarrassing for both children and parents when issues persist beyond this age. This workshop will provide an overview of the occupational therapist's role in the management of Nocturnal Enuresis (bedwetting) and Encopresis (chronic constipation/soiling) in children 4 – 12 years.

Aims/objectives of the workshop is to provide participants with an overview with regard to:

- normal developmental milestones for toileting behaviours
- the aetiology of encopresis and nocturnal enuresis
- an understanding of the medical management of these conditions
- considerations for assessment/treatment using a behavioural management approach

The workshop will include practical components and numerous resources to assist participants integrate their knowledge and skills.

This one day workshop is suitable for occupational therapists, physiotherapists, incontinence advisors, child health nurses and school health nurses.

Arrival tea/coffee, morning tea and lunch provided.

About the Presenters

Rebecca Khan is an Occupational Therapist within the Paediatric Therapy Stream at Logan Hospital and has been treating this population and researching best practice in the area since 2002. Her EBP review was published on the Qld Health network in 2008. She was invited to speak on this topic in 2005 through OT Australia-Qld, and also co-presented in 2008 for the Logan-Beaudesert Health Service District. Resources developed by Rebecca and her colleagues are presently being used at other hospitals in Queensland.

Leisha Ward graduated from the University of Qld with a bachelor degree in Occupational Therapy. She has worked in a variety of positions, including time spent in the UK and regional/rural Qld and NSW. She is currently a senior paediatric occupational therapist for Queensland Health. Leisha's areas of interest include premature infants, behavioural toileting and clinical supervision.

Expressions of Interest are sought to offer this workshop in Semester 1, 2010. Please contact Zi Mei Events on info@zimei.com.au or (07) 3847 8375 to register your interest. Please indicate your preference for workshop location in Regional Qld.