

Occupational Performance Coaching: Coaching parents to enable children's participation

(working title)

Expressions of Interest Sought

1 day – Brisbane – Term 4, 2012, 2012

Parents play a critical role in supporting the learning, occupational performance and social participation of their children, particularly when children are challenged by tasks that are typically achievable by their peers. Parents also have needs and aspirations related to their own learning and performance within their parenting roles that are relevant to providing family-centred services.

Occupational Performance Coaching (OPC) is proposed as an intervention which is family- and occupation-centred, enablement-focused and research informed. OPC involves working alongside parents to achieve parents' goals for themselves, their children and/or their families. In OPC therapists utilise performance analysis, problem-solving, occupational and disability knowledge to guide parents' exploration of changes that facilitate goal achievement.

This workshop aims to provide therapist with an understanding of how to effectively use parent coaching within their services.

More information Available Soon

This workshop is suitable for allied health professionals.

Arrival tea/coffee, morning tea, afternoon tea and lunch provided.

About the Presenters

Dr Fiona Graham (Fi) is an occupational therapist, specialising in work with families and children. Her PhD with the University of Queensland has examined the effectiveness of coaching parents of children with disabilities to enhance children's success in everyday life. Current research interests include working with families and caregivers, therapists' uptake of evidence-based practice, undergraduate clinical training and the efficacy of participation-focused interventions.

Expressions of Interest for this event are now being sought. Please contact Zi Mei Events on (07) 3847 8375, info@zimei.com.au to register your interest.