

Management of Upper Limb Hypertonicity

Expression of Interest

3 days – Melbourne – Semester 1, 2011

This three day workshop is aimed at occupational therapists working with adult or paediatric clients with upper limb hypertonicity due to stroke, traumatic brain injury or cerebral palsy.

Workshop objectives

The workshop will revisit the key aspects of upper limb assessment, including:

- Positive and negative symptoms
- Structural change
- Movement analysis

Photo and video case studies will be used to illustrate clinical decision making across the continuum of function, with a specific focus on:

- Prescription, design and use of resting and functional splints
- Serial and inhibitive casting
- Botulinum toxin injections

Demonstration and practice of splint and cast fabrication will also be included in the program.

This workshop is suitable for Occupational Therapists. Places for this workshop will be limited to ensure all participants have maximum learning opportunities.

Arrival tea/coffee, morning/afternoon tea and lunches will be provided.

About the Presenter

Dr Jodie Copley is a lecturer and clinic manager at the University of Queensland School of Health and Rehabilitation Sciences. She has 21 years clinical experience working with both adults and children with upper limb hypertonicity and has provided continuing education in this area of practice across Australia and New Zealand for the past 16 years. Jodie runs the UQ Upper Limb Hypertonicity Clinic which operates as both a direct client service and a consultancy service for clinicians. She has conducted research into individualised assessment and clinical decision-making for upper limb hypertonicity management, efficacy of resting splints, and how therapist's gain expertise in this area of practice. Jodie is co-author of the book *Management of Upper Limb Hypertonicity* (1999) Tucson, Ax: Therapy Skill Builders.

Expressions of Interest are being sought for this workshop. Please contact Zi Mei Events on info@zimei.com.au or (07) 3847 8375 to register your interest.