

Learning to Conquer the Wees & Poos

Behavioural Management of Constipation/Soiling and Urinary Incontinence in Children

Quartz Room, Victoria Park Function Centre

Herston Rd, Herston - Brisbane

Friday 15th June 2012

9.00am – 4.30pm

Most children gain full control over their bladder and bowel functions between the ages of 2 and 5 years. However, toileting can be both stressful and embarrassing for both children and parents when issues persist beyond this age. This workshop will provide an overview of the clinical management of urinary incontinence and chronic constipation/soiling (encopresis) in children aged 4 – 12 years, as well as identify, discuss and apply strategies for complex cases who fail first-line treatment; particularly those with psychosocial complexity.

Aims/objectives of the workshop are to provide participants with an overview of:

- the aetiology of chronic constipation/ soiling, urinary incontinence and nocturnal enuresis
- considerations for assessment/treatment using a behavioural management approach
- psychological components of managing these conditions with complex presentations

Pre-Reading participants will be emailed some pre-reading to assist with consolidating knowledge with regard to:

- anatomy of the urinary and gastrointestinal systems
- normal developmental milestones for toileting behaviours
- a overview of the medical management of these conditions

The workshop will include practical case studies and numerous resources to assist participants integrate their knowledge and skills.

This one day workshop is suitable for occupational therapists, physiotherapists, psychologists continence advisors, child health nurses and school health nurses.

Arrival tea/coffee, morning/afternoon tea and lunch provided.

About the Presenters

Rebecca Khan is an Occupational Therapist at the Royal Children's Hospital, Brisbane. She has been treating this population and researching best practice in the area since 2002, and recently completed a project officer position to author the CD-ROM *Conquering Wees & Poos: a learning package for continence clinicians*. Rebecca has presented on the topic of Paediatric Continence for the Continence Foundation of Australia, Qld Health, Zi-Mei Events and OT Australia-Qld.

Bonnie Chandler is a Registered Psychologist who has been employed for almost 10 years with the Child and Youth Mental Health Team (CYMHT) at Maroochydore. Her role at CYMHT is to provide psychological services to children aged 0-18 who have a mental health issue that is severe and/or complex, or at risk of becoming so. Bonnie has been involved in supporting the development of the chronic constipation clinic on the Sunshine Coast by facilitating client access to psychological support. She has also assisted the team in developing referral pathways, and has worked in direct patient management. Bonnie has a special interest in working with children and their families from low socio-economic backgrounds, especially those who also experience co-morbid conditions.

Registrations for this event are now open. Please see the registration form below. Please contact Zi Mei Events on (07) 3847 8375, info@zimei.com.au or visit our website www.zimei.com.au for further information.

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Workshop Participant Information

Name: _____ Occupation/ Position: _____

Organisation: _____

Address: _____

Town/Suburb: _____ State: _____ Post Code: _____

Phone: _____ Mobile: _____

Email: _____

Do you have any special requirements? (e.g. dietary requirements, access, etc.): Yes No

Payment Details

- \$235 (GST inc) **Early Bird Registration** (registration and payment received prior to 13th April 2012)
 \$285 (GST inc) **Standard Registration** (registration and payment received after 13th April 2012)

Payment via Cheque/Money Order (please make out to Zi Mei Events):

Cheque Money Order Bank Cheque

Payment via Direct Debit

- Please include the **participant's name as the reference** when making a direct debit deposit

ANZ Bank Account: Zi Mei Events **BSB** 014 313 **Acc No** 485 291 802

Payment Via Credit Card

- payment is available via credit card using Paypal facilities. Participants wishing to use this payment method will be emailed further information regarding payment. Please ensure correct email details provided above. Please note an additional service fee of 2.5% applies to all credit card transactions.

Please return Registration Forms to:

Zi Mei Events

PO Box 685

Stones Corner Q 4120

info@zimei.com.au or Phone/Fax (07) 3847 8375

Registration Confirmation

Workshop Participants will receive a confirmation email on receipt of their registration form and payment. The confirmation email will include further details with regard to access to venue and parking. If you have not received a confirmation email within 5 days of registering – please contact us so that we can confirm we have received your registration and payment. Please note that we are unable to guarantee a place on the workshop until both registration and payment have been received.

Registration Closing Date

Friday 1st June 2012

This form will become a Tax Invoice upon receipt of the appropriate registration fees
Please retain a copy of this form for tax purposes